Week 7 is gone and the term is finishing quickly with a jam packed calendar. The Year 7 students attended the first of 2 transition days today at Murgon State High School and had a blast.

Next Thursday the 29th is the bike safety course held here at the school. All monies and forms need to be handed to the office ASAP to secure your spot. Students need to have access to their own bike and helmet for the day.

All the best to our Readers Cup Challenge team: James, Kyra, Meg, Ella, and Tara who head to Kingaroy next Tuesday to compete against other schools in a reading challenge.

Over the past term, we have seen an increase in the number of pre-packed items in lunchboxes that provide little to no nutritional value to students throughout the day. Healthy lunches and snacks are important for active children. It is important to offer healthy lunch box choices. Tips include fresh fruit, crunchy vegetables and a combination of protein, dairy and carbohydrate foods.

There are limited times for children to eat during the school day. Children may prefer to play with friends instead of eating. Encourage your child to sit and eat before heading out to play as staff will not release them to play until satisfied they have consumed an adequate amount of food.

There are lots of food choices available for lunch boxes. However, it can sometimes be difficult to decide which foods are healthy choices. Suggestions include: Fruit, Vegetables, milk, yoghurt and custard, Dips, cheese and biscuits, different breads add interest, vary the fillings on sandwiches and muesli and ‘breakfast’ bars.

If packing fruit, for example an apple and your child only eats it when it is cut up, then please ensure it is cut up prior to putting it in the lunch box. It is not uncommon to have a line up at the staffroom with students wanting fruit cut up. Additionally please ensure you pack a spoon for your child if they have a yogurt or custard, as we will not supply spoons in future.

In most cases, food is stored in lunch boxes for several hours, so the lunch box needs to stay cool. Choose an insulated lunch box or one with a freezer pack, or include a wrapped frozen water bottle to keep the lunch box cool.

Water and milk are the best drinks for children. They can be frozen to help keep foods in the lunch box cool. Sweet drinks such as, cordials, sports drinks, flavoured mineral waters, soft drinks and fizzy drinks are high in sugar are not permitted at school. If a staff member becomes aware that a child has any of these in their lunch box they will be asked to put it back into their bag for after school.

Many schoolchildren bring their lunch home with them at the end of the day, which can be frustrating. There may be a variety of reasons why your child does not eat all the food in their lunch box. Talk with your child about what healthy choices they would like to see in their lunchbox.

Daniel Bishop.

We would like as many people as possible to know about our Centenary Celebrations. If you have contact near or far, with any previous students, staff or families could you please pass on the date claimer of 16th November. More information will also be available through our Facebook page … Wheatlands Centenary Celebrations 2013.
**English**

We have completed our first unit for the semester. We have finished reading *Matty Forever* and completed two comprehension assessments related to the narrative. The children have received their marks. If you would like to see their assessments please feel free to come and see me. We enjoyed the story so much we have started reading the sequel called *Bill Rules*, and Hannah Farrer dressed up as one of the characters for the Book Parade on Wednesday. The story taught some wonderful lessons about the value of friendship, being loyal and being honest.

On Thursday, we started our new unit which focuses on listening to, reading and viewing informative and imaginative texts set in the past about people and their experiences. They will write a letter to a student in the future describing a memorable event in their own lives and their hopes for the future. This week we were introduced to Mary Gilmore who happens to be on the $10 bill. That might help explain why your child keeps asking you for $10! J We learned about Mary Gilmore by reading an informative text. We can tell it is informative because it contained factual information and real photographs about real people. Benchmarking of students reading will begin next week and PAT testing will be done in week 10 and 11. Three way meetings will be held early in Term 4 when all the data has been collated.

**Maths**

We have been working hard on reading and understanding whole numbers in the last two weeks. In week 6 we focused on rounding numbers to the nearest 10, 100 and 1000. This week we have focused on place value. We have been reading and writing BIG numbers, ordering and comparing numbers, and changing the value of digits using our knowledge of place value. In week 8 and 9 we will be studying multiplication and division and we will finish the term with fractions and decimals. Please encourage your students to continue to complete tasks on Mathletics at home. Matthew Cook has been our participation point winner two weeks in a row. Well Done Matt! 😊

**History**

Our focus question in History this week was “Why did European countries explore the world by sea during the Age of Discovery?” We discovered that people from France, England, The Netherlands, Spain and Portugal were very busy exploring the globe for reasons including trading, curiosity, mapping, colonisation and searching for resources such as spices, gold and fabric. Next week, our focus question will be, “What were the effects of European exploration on other regions of the world?”

**Science**

We have been very busy exploring light in Science. Last week we did something totally amazing. We made light go around a corner. It’s hard to believe because we know that light travels in a straight line. Ask your child how we did it. This week we learnt that some objects let a lot of light through (transparent), some objects let some light through (translucent), and some objects do not let any light through (opaque).

I would like to remind everyone again that Lectureettes are due to be performed in week 9. All students should have their Lecturette written and be transferring to palm cards, creating visuals and rehearsing their oral presentation. We had a very fun and exciting day on Wednesday for the Book Parade. It was lovely to see so many students getting involved and being part of a day all about books. I would like to give my congratulations to Teai Begeda for being student of the week last week and Larissa Ramke who takes the title this week. They both continue to produce bookwork of a high standard.

**Miss Hubbard 😊**

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**Prep/One News**

Last week’s green slips went to: Luke and Haley

Bookwork Award to Amber

This week green slips: Mia and Erin

Bookwork Award to Zac

50 nights of reading: Harley

75 nights of reading: Luke, Hannah, Blair, Tamika, Zac, Noah, Peter, Charlie, Pixie

**Mrs Alex Brimblecombe**
What a fantastic Book Week Dress up Parade we had on Wednesday! It is so pleasing to see students so excited about books. It was excellent to see everyone participate and have so much fun, including all the staff. Many thanks to all the parents that attended and those of you who worked hard on costumes, the students had such a good time, it was well worth it. Students are already talking about what they can come as next year, so it will definitely be an annual event at Wheatlands School.

Happy Book Week!

Mrs Tracy Anderson
### Dates to Remember

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>27th Aug</td>
<td>Readers Cup Competition</td>
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<tr>
<td>29th Aug</td>
<td>Bike Safety Program—Remember your bikes &amp; helmets</td>
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<td>5th Sept</td>
<td>Centenary Meeting 6.30pm</td>
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<td>18th Sept</td>
<td>Rewards Day</td>
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<tr>
<td>20th Sept</td>
<td>Last Day of Term 3</td>
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<tr>
<td>11th Oct</td>
<td>School Photos—Orders must be PREPAID before today</td>
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<tr>
<td>16th Nov</td>
<td>Wheatlands Centenary Celebrations</td>
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<tr>
<td><strong>2014</strong></td>
<td>Years 5, 6, 7 students</td>
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<td>4th—8th Aug</td>
<td>Canberra Trip</td>
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